

Summercamp in Sæby, Denmark 2017



Norwegian Association for Rett Syndrome



Summertime - Rett Syndrom Norway (NFRS)

For the 7th time NFRS arranged a summercamp for its members. Rett-girls and their families travelled to Sæby, Denmark from July 30th. to August 6th.

This year 18 families participated, 4 of them from Denmark. For some families this was their very first summercamp in Sæby while others are happy to return, as they have every year.

The week has been filled with a lot of different activities. Welcome- and goodbye-dinner, foot-massages for the girls (from professional foot-therapists), play-day for the whole family with "water-wars", badminton, "kubb" (very fun garden game), football etc. We got a guided tour of Sæby, one night out for mothers only (dinner) and the same for the fathers another day. We had a quiz and ride with a RIB (Rigid inflatable boat). This was the program for this year; earlier years we have been to Alborg Zoo, Action house in Løkken and Fun Farm in Fredrikshavn.

We were barbecuing every day and the families enjoyed having dinner together, for those who wanted to. When the kids went to bed, we gathered around the fire and just talked and had a good time.

During the day, siblings of the Rett-girls were playing together, going to the sea or the pool for a swim. The families went to lunch together in Sæby - everyone did what they felt like.

It's expensive to arrange such a summer camp but in Norway we are so lucky that we can apply for financial support from the Norwegian department of Health. Every year we have gotten money but we never know how much we get until May/June the same year. For the money we get we can pay for the apartments, dinner and activities. Every family has to pay the cost for travelling to Denmark, but it's very much worth it.

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**WE
MEET**





WE
PLAY



ACTIVITIES
FOR ALL



MUMS NIGHT



DADS NIGHT



BARBEQUE AND FIREPLACE

